

Norfolk Jaycees

The Port Advocate

Upcoming Events:

- Pool Party 8/30
- **Pub Crawl**
9/20/08
- Beach Day 9/27
- Jaycees Mission Week
10/12
- Boys/Girls Day 10/4
- Nominations 10/14
- Rooftop Party 10/17
- EdMarc Fest 10/27
- Elections 10/28
- St. Columba 11/23
- Installation Banquet
12/6
- Shopping Tour 12/13

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The Presidential Address

Annual elections are in October. It is time to be thinking about what you plan to contribute to the Chapter in 2009 and what leadership skills you need us to help you develop to be able to cast the 2009 Norfolk Jaycee Board!

You have talents – leadership – and great ideas! Let's put them to work for this respected, award winning, fun and historical organization!

*2009 marks the Norfolk Jaycees 85th year
– be a part of history –
be a Norfolk Jaycee leader!*

Chapter Board Positions

Chapter President: The President is the chief executive officer and the guiding force in the chapter.

Vice Presidents serve as the team coaches and trainers for the Directors assigned to their areas.

Management VP: Suggested Area of Opportunity Responsibilities: Chapter Management (planning and evaluation), Financial Management, Public Relations, and Business Opportunities.

Community VP: Suggested Area of Opportunity Responsibilities: Community Service, Community Fundraising, Governmental Involvement, State

and National Junior Chamber Involvement.

Individual Development VP: Suggested Area of Opportunity Responsibilities: Life Improvement, Chapter Activities, and Chapter Management (officer and member training and communications).

Membership VP: Suggested Area of Opportunity Responsibilities: Membership Recruitment (recruitment, extensions, internal chapter assistance) and Member Services (orientation and activation).

State Director: The State Director serves as the liaison between the state and local organizations, the State Director accurately communicates information about the state meetings and issues of importance to the members of the chapter.

Treasurer: The Treasurer ensures that all financial records are kept for the chapter. These financial records include: Dues billings, Tax information, Bank records, Correspondence with legal counsel.

Secretary: The Secretary takes care of all written documents of chapter activities, keeping them in an accurate manner, including meeting minutes, agendas, newsletters, and correspondence.

Directors assist the Vice Presidents and assist in communicating with Members.

Local Director: The Local Director provides the necessary communication link to the assigned members and assist the VP's where necessary. Local Directors call their assigned members at least twice a month, keeping them informed of chapter activities and receiving valuable feedback.

Public Relations Director: The PR Director influences others to join the chapter, informs the community about the chapter's activities, increases attendance at chapter events, and so on.

The following positions are appointed by the President, and are not an elected position.

Legal Counsel: The Legal Counsel must ensure that all legal documents necessary for the chapter are completed and filed by appropriate deadlines, according to federal, state, and local laws.

Chaplain: The Chaplain coordinates the activities of a chapter with regards to spiritual development programming.

My door is always open if you have any questions, comments, or concerns: 757-718-0507 or [c_m_fortney@yahoo.com!](mailto:c_m_fortney@yahoo.com)

Christina M. Fortney
2008 Norfolk Jaycees President

Community Development



"I want the Norfolk Jaycees to say "WOW! What a year!" come December."

This month's board meeting included a midyear review. To those who completed the survey, we appreciate your time and opinions. We thoroughly discussed all your responses while planning the remainder of 2008. Our chapter has done an amazing amount of community service. In fact, we have already accomplished most of my community development goals. So, I want to thank you, the members, your family, friends, co-workers, and anyone else who has supported the Norfolk Jaycees thus far. We have held several successful supply drives. Our partnerships with Tucker House, St. Columba, and the Salvation Army remain strong. The Norfolk SPCA, FestEvents and Booz-Allen-Hamilton are new company partners. College students and the military joined us as individual partners. We have supported national efforts such as Operation DVD, regional efforts such as Clean the Bay Day, and local efforts such as Keep Norfolk Beautiful. Our latest effort, Project Elder Cool, has been a successful

inter-chapter project with the Oceanfront Jaycees. Overall, Norfolk has contributed to the benefit of children, seniors, servicemen and women, and animals. Remember that we still have several months left. WOW!

Summer has been a bit slow due to various reasons. I am reminding you that lots more events are coming up. In September, we will join our neighbors and support the military during the Freedom Walk on 9/11. Pub Crawl is right around the corner. While this event is primarily a fundraiser, it is still a community effort. We promote Norfolk businesses, develop new partnerships, and increase recognition for the "Norfolk Jaycees." I hope that Pub Crawl produces new members who will strengthen the chapter and help us continue to grow. In October, we switch gears. Providing fun for adults becomes providing Halloween fun for the children at EdMarc. This is a great project to chair if you are interested! November is a busy month.

It is a time to give thanks by giving back to others. We will return to help St. Columba with their Thanksgiving food baskets. We also plan to help at a soup kitchen, collect food donations, and send holiday care packages to our troops. And please do not forget to vote! Our elected officials determine the policies and funding that directly impact our local community and its various service programs. The Christmas Shopping Tour completes our 2008 community development on a high note. If you have ideas and suggestions for an even better 2009, please let us know. Do you want to do anything different? Challenge yourself or the membership? Please let us know. Our new Board will need your ideas. We can never stop striving for a better community or a better chapter. I want the Norfolk Jaycees to say "WOW! What a year!" come December.

2008 CD Vice President,
Jennifer Rebbly

Individual Development

We've had a great year so far, with lots of fun events and informative guest speakers at our meetings. We have more great events coming up including the Pub Crawl, Decker Deck, a day at the beach, and many more. We will continue to have some terrific guest speakers, so come out to the meetings and check them out.

One of my goals for 2008 was to have each Norfolk Jaycee learn something new. I hope that I have accomplished my goal, and that each of you have learned some new piece of information from one of our guest speakers (like how to protect yourself from identity theft, know what will happen if you get a DUI, or

how to install an air conditioner) or from an event (everyone now knows how to bowl and scrapbook right?). We should all strive to learn something each and every day. Today I learned that lamas make great security guards on a farm. Increasing our knowledge of the world around us is one of the best ways to grow as a person.

The internet has become a great source of information (and misinformation), so if you are curious about a subject, doing a little research and find out. And as always, if you think a particular topic would be interesting to others, let me know and we can see about having a training class or pass out information so everyone

can learn.

We also need to bring more people into the chapter, and energize our current members. So bring a friend to the next meeting or event. Or if you haven't been out to an event in awhile, we would love to see you again!

I look forward to learning and having fun the rest of the year with all of you. And start thinking of how you would like to lead the Norfolk Jaycees in 2009. Elections for next are coming up fast, so run for a position and help the chapter succeed into their 85th year.

2008 ID Vice President,
Jerry Hinton



"We should all strive to learn something each and every day."

The Jaycee Creed

We Believe:

*That faith in God gives meaning and purpose to human life;
That the brotherhood of man transcends the sovereignty of nations;
That economic justice can best be won by free men through free enterprise; That government should be of laws rather than of men;
That earth's great treasure lies in human personality;
And, that service to humanity is the best work of life!*



Do You See What I See?

NORFOLK JAYCEES OVER-LOOKING THE DOWNTOWN NORFOLK SKYLINE:

We are pleased to announce that soon we will be holding our Annual Decker Deck Rooftop Party on October 17th, 2008 at 6-9 p.m. Join fellow co-chairmen Ben Skidmore and Joe Moring atop the roof for a spectacu-

lar evening and view. The Honorable Pete Decker only bestows this opportunity to very few so come out and see what makes this so Grand. The evening will be filled with fun, food, games, and prizes. Our most honored guest speaker will be Virginia Jaycees President Kathleen Cistola. This is a great opportunity for young men and women to be introduced to the

Jaycees and our role in the great City of Norfolk.

*A prize will be given to the member who brings the most potential members who eventually join our chapter.

Director,

Joe Moring

www.NorfolkJaycees.com
Contact us to get involved or for more info!

Dates You Can Build On ~ See you soon!

Dates you can build on...

Membership meetings - 2nd & 4th Tuesday of each month.
Restaurant of the Month (ROM) - 2nd Thursday of each month.
Friday Night Outings (FNO) - 3rd Friday of each month.
Monthly Community Service Projects & Drives!

Monthly Calendar: <http://www.norfolkjaycees.com/Calendar/Calendar.pdf>

Events At A Glance: http://www.norfolkjaycees.com/Flyers/EVENTS/Events_At_A_Glance.pdf



Positive Feedback & Appreciation

"Praise and attention may easily have a profound effect on an individual's entire life."

- Dale Carnegie

Good professional behavior deserves to receive attention as much as bad behavior does. Both cases provide an opportunity for anyone or organization to foster progression. It is unfortunate that people often only take advantage of the latter scenario to better their company. Appealing to one's pride is actually much easier than trying to lead someone to change. People want to be recognized for the good work they've done. Positive feedback and appreciation will foster not only the personal bonds between coworkers, but between people and the very work they are doing. Positive feedback and appreciation will inevitably promote production

and quite possibly the amount of work achieved!

Remember to:

- offer encouragement
- reassure people in their progress
- provide a feeling of victory
- be enthusiastic
- be grateful for all effort being put forth

Anyone - *anyone* - can offer positive feedback and appreciation! I remember years ago I was involved in one of my first professional board meeting settings. A wise man who knew I was new advised me to watch for the hidden leaders at the table. I asked him how. He explained how when anyone shares heartfelt appreciation for another that it is that pause for appreciation that everyone at the table will remember, not so much the topic

at hand. He explained simple gestures can break tension during heated discussions and bring people back to the reality that everyone is working together to get to a common result - happiness and success. I sat back during that meeting and watched and saw that it wasn't really the leaders at the table I remember but the one who praised the others and more over those being praised! It was that pause for praise that made the other colleague stand out - stand out as a leader. **Norfolk Jaycee: You are a leader - give it a try!**

Chairman of the Board,

Aimee W. Hart

Information and tips from Aimee Hart and associates with Dale Carnegie. For more tips and leadership courses, contact Dale Carnegie & Associates, Inc.

2009 Board

Nominations for the 2009 Board

Nominations 10/14 ~ Elections 10/28

My nominations for the 2009 Board are:

Nominee:

My info:

President _____

Name _____

Vice President _____

Email _____

State Director _____

Phone _____

Treasurer _____

Comments: _____

Secretary _____

Director _____

Financial Advice

Everyone has financial issues, some big and some small but all important. It is also one of the things most people don't like to talk about. Ask a friend how much they make or how well they are managing their money and you are liable to get arrested by the manners police. So I put together some simple financial advice I thought was worth sharing with all of my Jaycee friends. I am in no way a financial expert so if you have serious finance questions, seek out an expert.

1. Always put some money into savings, no matter how much or little you make. A little bit of savings can go a long way towards your retirement, especially if you start saving early. There are a ton of charts and figures to show how saving a little now will pay off in the future.
2. Determine what is a Want, and what is a Need. Before you buy anything, ask yourself this simple question "Do I really need that?" This is sometimes not easy, most people want the latest and greatest gizmo (I am currently struggling with buying an Ipod touch, even though I already have a Nano). Just because you

want something doesn't mean you need it.

3. Your outgo should always be less than your income. This is just basic economics, but may not be an easy one to live with (Just ask the Federal Government). But you can not sustain yourself by paying more than you earn.
4. Never co-sign a loan. Don't let someone else's financial troubles hurt yours, even if they are a close friend or family.
5. Credit cards, the root of all evil. It is so easy to max out your credit card and forgot that you have to pay back all that money. For example, if charge up \$5,000 during a shopping spree with an 18% interest rate
 - Paying just the minimum payment [or 2.5% of the balance] will take 26 years to pay off and cost \$12,115.
 - Paying \$125 a month (the first minimum payment), it would take 5 years to pay off and cost a total of \$7,693.
 - And never, ever use those silly checks that credit card companies love to send out. They have a

higher interest rate and accomplish the same result as using you credit card. For more credit card advice, head over to <http://articles.moneycentral.msn.com/Banking/CreditCardSmarts/Your5MinuteGuideToCreditCards.aspx>.

6. If you need more money, figure out a way to make more money. This doesn't necessarily mean you have to take a second job, but it could. Is there something you love to do? Figure out a way to make money doing it during your spare time. My mom loves to crochet, so I have talked her into crocheting items to sell at craft shows or just to her friends and neighbors.

This is common sense stuff, but when it comes to money common sense is sometimes hard to follow. Just remember to think with your head and not your heart. And do not let yourself judge your life but how much money you have in the bank or compare yourself to others.

2008 ID Vice President,

Terry Hinton

State Directors Report

Hello Jaycees,
I have just returned from our Summer State Convention at Camp Virginia Jaycee and a good time was had by all! For those who did not go- You Missed It! What did you miss? You missed the opportunity to meet Jaycees from around the state. You missed a lot of fun with the redneck Olympics and mini golf tournament. You missed our own Atlantic Region winning the "Spirit Stick" for having the most excited region during the excitement seminar. More importantly, you missed our own Jennifer Rebbly dressed in black with a bandana covering her face and fist pumping in the air cheer-

ing on the region during the excitement seminar! I wish that I had a camera!! There were a lot of fun activities and good training, GREAT weather and Jaycees got the opportunity to see the camp that our organization created and supports. The next convention will be in Herndon in November and it would be great to have the Norfolk Jaycees there in force!

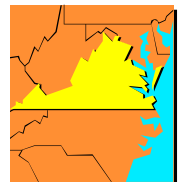
Around the state:

NASCAR!! The Virginia Jaycees need help with beer and soda sales at the NASCAR race in Richmond, Saturday, Sept 6th. Those who volunteer will get a free pass into the race and get to keep your

tips! This is the biggest fundraiser for the Virginia Jaycees and they really need help. For more info please contact me as soon as possible at: yortroy@cox.net. Haunted House!! The Peninsula Jaycees will be running their haunted house again this year starting in mid October, along with a party inside the haunted house on Nov. 1st! Several of us went out to support them last year and it was a lot of fun. I will have more info on this as the date gets closer.

2008 State Director,

Troy Anderson



"Motivate Yourself for Success: Connect the Dots! Your Roadmap for Success"

By Ed Sykes

Recently, Steve Jobs, founder of Apple Computer and Pixar Animation Studios, gave a commencement address to the graduating class at Stanford University. He talked about creating passion, life and death, and "connecting the dots." The dots were events in his life, many challenging and many positive, which led to his many successes. He shared with the audience that being fired from Apple Computer, the computer he founded, he was able to step back and develop the idea for Pixar Animation Studios. By achieving the great success at Pixar, he was eventually asked to come back to lead Apple Computer. This eventually led him to spearhead the launching of one of the most revolutionary products of the 21st century...the iPod. He feels that he would never have achieved his successes without his failures and setbacks. He was able to connect the dots to see how it all added up.

So I ask you, "Have you connected your dots?"

Here are five motivation reasons why taking the time to motivate yourself and connect the dots will give you a roadmap for success in your life:

1. All Dots are Good

Many times we face challenges in our life that, at that moment, look like failures. Because we are focused on the imagined "downside" of the challenge, we lose focus on the good that can come out of the challenge.

I had an ex-Navy civilian in one of my workshops on downsizing. He said he was part of a downsizing process by the Navy two years ago in Ohio. You can imagine he was hurt, upset, and concerned that he wouldn't find another job after his twenty years in the Navy. Then he refocused himself on

what he could do to make this situation positive. He started doing job research, making telephone calls, networking, and sending resumes. Within three months after his layoff, he received his dream job offer from the Navy. It was a technical job he always wanted at a pay scale much better than his previous job. The best part of his new job was that it allowed him to move back to his hometown of Virginia Beach.

All dots are good; it's the way we look at them that lead to our success.

2. Be Willing to Go to the Next Dot

Due to past "negative" experiences, many times we avoid new challenges because we want to feel "safe." How many times have you heard the following?

- "I'm never dating again because of my past experiences with..."
- "I don't want to take on the new project because it is too high profile and I might fail."
- "I don't want the promotion because of what happened the last time..."

Basing our past experiences on life's variables that have no relation to the present will make us miss new opportunities. There is an expression I often use, "You need to go through the mud to get to the gold." In other words, we all need to experience the "road bumps" in life to know and appreciate the real opportunities in life.

3. Accelerate the Dots in Your Life

You can speed the amount of success by continuously learning. Continuously work on your communication, career or business, and technical skills so that you can embrace opportunities

that come your way.

One of the best ways to learn is by volunteering. I recently had lunch with Carol at a recent conference. She shared with me that she had started working in a school over fifteen years ago because her kids were in the school system. Because of that, she volunteered for as many school-related activities as possible that would involve her kids. She became an expert and the person to go to concerning many school subjects. Recently, an opening in the superintendent's office came up, and her name was on the short list. Because of her vast experience and, even more important, because many people knew of her expertise, she was an easy decision for the position.

Learning accelerates your dots.

4. Bypass Dots Only with Wisdom

Many times we try to skip a step or two in life. We have heard about people who have "instant" success and then lose it all almost as fast. They never acquired the wisdom needed to maintain their success.

Take time to learn from the events in your life. Like the quote goes, "Smart people learn from their mistakes; truly wise people learn from other people's mistakes."

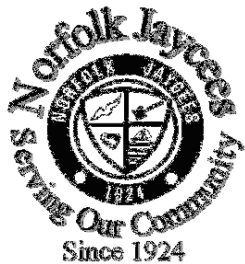
5. Go Forward & Connect the Dots

Take time to plan your future events and goals based on your past events. Analyze the positive outcomes from those events and use them to plan for the future. That is the secret to true success.

So go forward, motivate yourself, connect the dots, and you will realize your roadmap to success.

420 Bank Street
Norfolk, VA 23510

We meet the 2nd & 4th Tuesday of the month beginning at 7:00 p.m. at The Fred Huetter Center in the Ghent section of Norfolk.



Who We Are

We are a community service and leadership development organization for men and women between the ages of 21 and 40. We develop the next generation of community and business leaders by providing members opportunities to participate in and lead community service projects, business and personal skills training, and social events.

Because of the variety of events, people join the Jaycees for many reasons. Some join for the leadership development. Some join for business networking, while many join to make new friends and just have fun.

Make Friends, Make Connections, Make A Difference!

www.NorfolkJaycees.com
Contact us to get involved or for more info!



Your 2008 Board of Directors...Who will be pictured in 2009???



2008 Board at the January Board Retreat - From Left to Right: 1st Row - Christina, 2nd Row - Jennifer & Troy, 3rd Row - Terry & Joe, 4th Row - Jeff & Melissa. Not pictured - Aimee, Erin, & Shawn.

Christina Fortney – 2008 Chapter President,
c_m_fortney@yahoo.com or (757) 718-0507

Aimee W. Hart – Chairman of the Board,
aimeewh@aol.com or (757) 509-3909

Terry Hinton – Individual Development Vice President,
thinton1@cox.net or (757) 618-5915

Jennifer Reby – Community Development Vice President,
sassysatchmo@aol.com or (757) 646-0339

Melissa Rock – Treasurer,
Melissa_rock@nexweb.org or (757) 573-6774

Troy Anderson – State Director,
yortroy@cox.net or (757) 553-8324

Erin Heischober – Public Relations Director,
ErinHeischober@cox.net or (757) 681-4210

Joe Moring – Director,
old_dominion_joe@yahoo.com or (757) 546-4476

Shawn Drew – Director,
shdrew@cox.net or (757) 335-9495

Jeff Faler – Director,
jeff.faler@gmail.com or (757) 469-3332